

Welcome to the wonderful (not) world of INSETT!







Diversity in the staffroom



beliefs about how languages are learnt expertise

Welcome to the wonderful (not) world of INSETT!







Teachers' levels – different learning needs







Cambridge English
Teaching Framework



6 teacher levels



Development Phase 1

1.1

Development Phase 2

2.1 2.2

Development Phase 3

3.1



6 teacher levels



1	Starting	A trainee teacher of English taking initial training (or an unqualified but practising teacher of English).
2	Newly- qualified	A qualified teacher of English in the first two years of practice.
3	Developing	A qualified teacher of English with more than 2 years of experience, needing to develop essential skills.
4	Proficient	An experienced qualified teacher of English with strong all-round knowledge and skills.
5	Advanced	A highly experienced qualified teacher, who may also be starting to take on specialist roles.
6	Specialist	In leading and advising roles, as teacher trainer, manager, materials writer, researcher, ELT adviser.

Cambridge English

Teaching Framework

4 teacher levels



Foundation

Developing

Proficient

Expert

Many INSETT programmes...

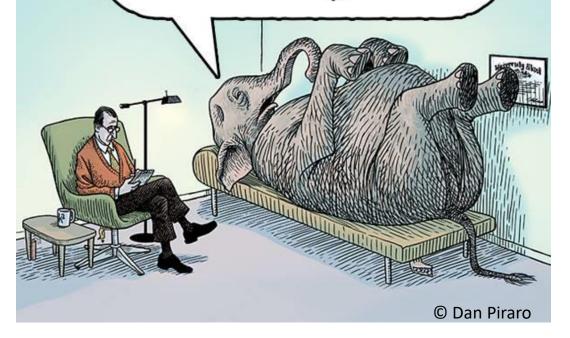




The elephant in the staffroom



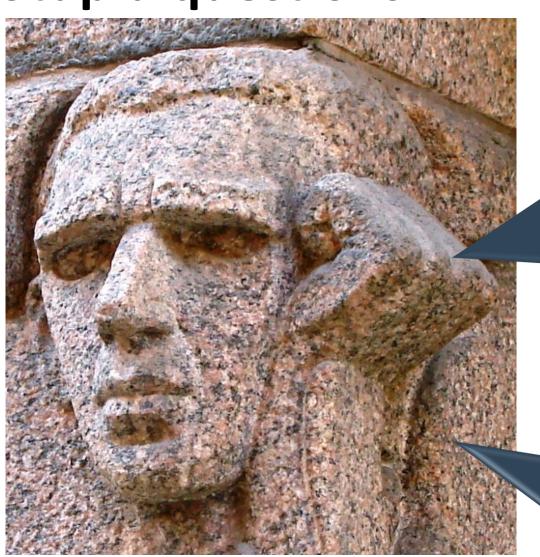
Sometimes, even if I stand in the middle of the room, no one acknowledges me.





Stupid questions

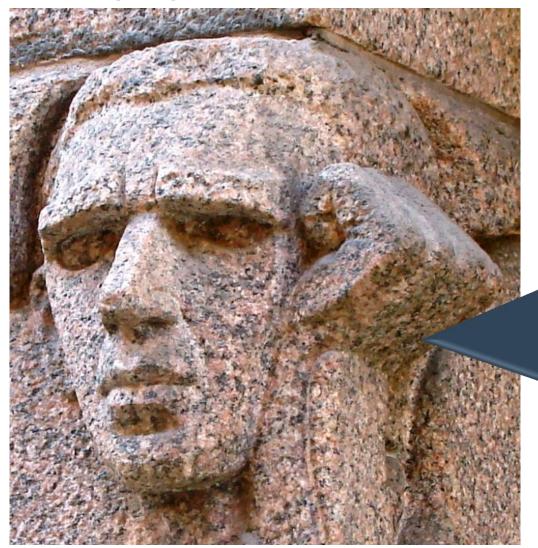




Why do we place students in classes at different levels, and not teach them all together?

Why do we analyse learners' needs, have 1:1 tutorials, write ILPs?

A key question



Bell EST 1955

Why accept development activities that don't reflect in their execution what we know about good teaching and learning?

Villeneuve-Smith, West and Bhinder (2009)

INSETT is an ineffective model



Useful for absorbing information and updating knowledge

Not likely to lead to skills to skills development

Villeneuve-Smith, West and Bhinder (2009)

INSETT is an ineffective model









CPD that makes a difference:

What research tells us

Effective CPD programmes...





IMPACTFUL





- programmes are impactful when they address the diverse needs of teachers and their learners
- result in students' enhanced learning

NEEDS-BASED





- respond to the daily challenges that teachers and students face
- teachers have a say in the construction of their CPD programme

SUSTAINED





 one-off sessions and short courses are not effective in creating the necessary conditions for deep and lasting changes

PEER-COLLABORATIVE





 regular support and feedback from colleagues and experts is crucial, and should therefore be a key component of a CPD programme

IN-PRACTICE





- classroom-based focus on teaching practice
- i.e. teachers learning through doing, tackling real issues and developing practical solutions

REFLECTIVE





 the practical component of CPD programmes has been found to be more powerful when it is framed within inquiry cycles of investigation, action, evaluation and refinement

EVALUATED





- teachers need to evaluate the effect that their teaching has on their students' learning
- institutions need to evaluate the quality and impact of their CPD programmes on a regular basis

Effective CPD programmes



Collaborative, classroom-focused inquiry has greater power to change classroom practices and learning outcomes for the better than any other factor.

Effective CPD programmes



The more teachers are involved in selecting their own professional development activities, the more they report improvements in their subject knowledge, their commitment to teaching, their teaching practice, and the learning of their students. (Moor et al., 2005; Cordingley et al., 2005; White, Lim & Chiew, 2006



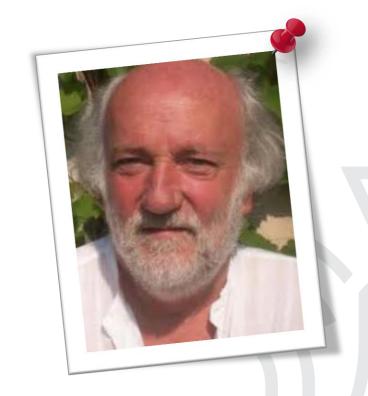
CPD that makes a difference:

Possible approaches



Supported Experiments

Petty (2006)



What are supported experiments?



An approach to teacher development that provides an opportunity for teachers to try out new strategies with the support of a peer or 'expert' colleague, who takes on a coaching role, aids reflection and provides feedback.

Supported experiments in teams











What happens during a supported experiment?

During the trial the teacher has supportive discussions with colleagues about the experiment and receives feedback and coaching.



What happens during a supported experiment?





That worked really well for us!

Eventually the teacher decides whether their experiment has worked or not in their context.



The supported experiment cycle



Explore context

Embed practice

Explore present practice

Share strategies

Explore pedagogy

Carry out supported experiment

Plan experiment



Example supported experiments

Encouraging retention of emergent vocabulary

Does doing timed reading activities help to improve reading speed?

Taking AWL further – more interesting ways of presenting it

Using apps effectively to practise the AWL

Benefits of supported experiments



- √ help prevent teaching skills from 'plateauing' and becoming stale
- √ develop a culture of continuous improvement
- ✓ include all teachers at different stages of development
- √ have a positive impact on teaching
- √ have a positive impact on learning





Diaz Maggioli and Richardson (2018)



Action Research



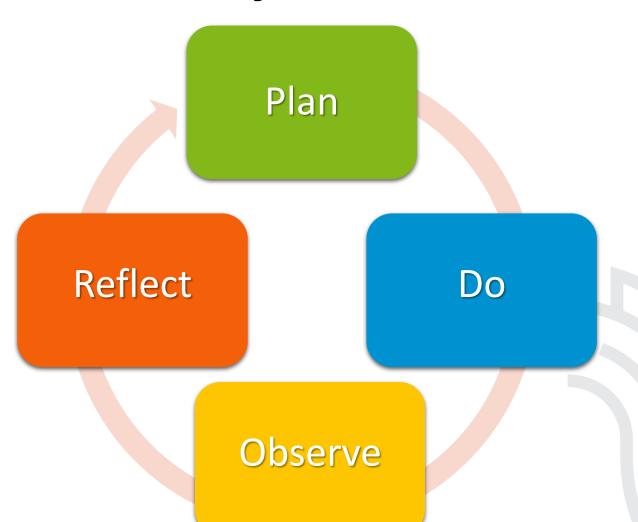
What is action research?



- A practical way for practitioners to explore the nature of their practice and to improve it
- systematic and rigorous
- carried out by individuals, although these individuals may work collaboratively may use a variety of research methods

The action research cycle









Example action research

What strategies do students employ when doing an IELTS reading test?





"The best part for me was carrying out the research with a colleague and the questions and discussions after the presentation. As we often work alone in our classrooms, teachers are very keen to spend time together sharing ideas and experiences."

Possible issues...

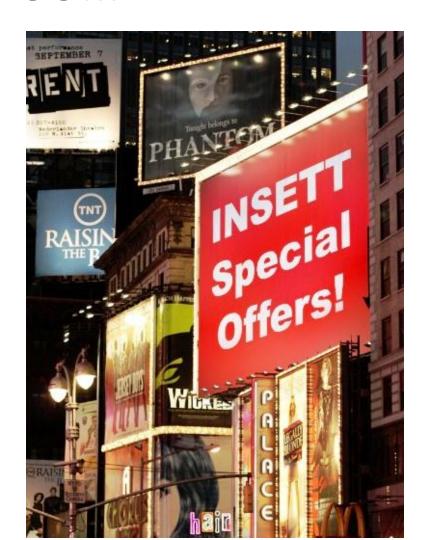


Action Research? NOT for me!

I'm not the 'academic' sort!



So...









CPD that works

✓ Push your manager to upgrade the INSETT programme

✓ Use approaches to CPD that make a difference





Thank you!











sarka.kreuzova @bellenglish.com

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